

School exchange partnership KA229 , reference number 2018-1-IT02-KA229-048374_5, Title „Let's pull down all barriers!”

Activity program at "Casa mea" Foundation

Warming up activities:

- *"The ball of yarn"*

Aim: participant get to know each other.

Time: 15 minutes.

Ghemul de ațăva fi pasat de la un participant la altul. The ball is thrown from one participant to the other. When one holds the ball they need to state their name, age and something about themselves. It is extremely important that the participants continue to hold the yarn/thread even when they pass the ball. The action is repeated until all participants have held the ball.

- *"The Samurai"*

Aim: participants' cooperation.

Time: unlimited, it can be played indefinitely

Participants stand in a circle, then three commands of the samurai are explained: **"HI" "HA" și "HO"**.

When a player says "HI", he will point with both hands towards another player to be given the samurai hit.

Then, the player who received the "HI" order must raise both arms and say "HA" while those on his sides (right and left) place their hands in front of his belly and say/yell "HO". The orders are repeated with other

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players. It is important to perform the actions fast and to obey the orders.

Handmade activities:

- *Needlepoint.*

Aim: -develop sewing abilities;

-socializing continues, students put together their work

Time: 90 de minutes.

Participants will be divided in several teams. Each team will sew a part of the model so that at the end, by combining the parts the final pattern will be revealed

Materialenecesare: etamine, ac, ață, model.

Cost: ~40 de lei.

- *Treasure hunt and life skills. **

Aim: pulling down communication barriers

Socializing

Developing general knowledge

Time: 20 minutes.

Participants will work in teams. They will start from different places but will finish in the same place.

En route, they will find riddles, facts of all the partner countries (to advance to the team reunion in the centre). they will also find objects they will use in the next task.

- *"The Wishing tree."*

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Aim: -pulling down communication barriers;

-socializing

Time: 20 minutes.

All participant must find in the previous activity a leaf which they will place on a wishing tree with their wishes for the next year

- *"Crisis"*

Aim : -developing life skills;

-pulling down communication barriers;

-socializing.

Time: 30 minutes.

Participants will work in teams, each team will get a crisis which they have to solve. Each team gets a note with a crisis they need to solve following their plan.

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